



Safeguarding Children

1.12 Sleeping Children Policy

Policy statement

We operate a Safe Sleep Policy that specifies the “back to sleep” position. Our policy requires that the key persons discuss the Safe Sleep Policy with a child’s parent or guardian before admission. Parents or guardians must sign a statement that they have received a copy of the policy and that the policy has been discussed with them. All Key People working in our nursery are required to receive induction training on the Safe Sleep Policy. It is important that everyone involved understands the acronym’s used in this policy for the implementation to be relevant;

SIDS- Sudden Infant Death Syndrome.

FSIDS- Foundation for the Study of Infant Deaths.

Procedures

- **When children are asleep whilst in the care of the nursery a member of staff will check on them every 10 minutes. Visual and auditory supervision is required at all times.** These checks will be recorded to prove that checking has taken place. The staff member checking will write their initials next to the record of the check.
- All possible attention will be given to ensure the child is both comfortable and safe in appropriate accommodation. If the child is asleep in a pushchair or pram then they will be secured by a set of reins. Cots are available for the children to sleep in and these will be of a safe and secure standard with high sides.
- Steps will be taken to keep babies from becoming too warm or over heating by regulating the room temperature, avoiding excess bedding and not overdressing or over-wrapping the baby. The room temperature will be kept, in accordance with recommendations; at about 18°C (65°F) is comfortable. Babies do not need hot rooms.
- No children will be put down to sleep with a bottle unsupervised in order to prevent the possibility of choking therefore bottle is removed when child has fallen to sleep. Parents may provide the child’s usual security aids. Parent’s wishes will be followed relating to how the child is positioned to sleep.
- Babies’ heads will not be covered with blankets or bedding, and babies’ cots will not be covered with blankets or bedding. Babies will have individual bedding that is regularly washed and will never be put down to sleep with a bottle to self-feed. We do however recognise that some young babies and children have particular sleep patterns at home that may go against our policy. Any such situation will need to be closely and sensitively discussed with both the Room Leader and Parent or Guardian to find a solution. Management advice and involvement may be called upon if needed. The outcomes of any such instance must be documented and staff members working with this child must be informed.
- No smoking is permitted on the premises and key persons who smoke will ensure that their clothes and breathe do not smell of smoke when caring for babies.

- We aim to be flexible and consistent with home routines with regards to sleeps especially for the under twos. We do however, urge you to be aware that nursery environment will differ from home and therefore sleep times could differ slightly.

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1. Child Development 2. Keeping safe	2.4 Key Persons	3.2 Supporting Every child	

Legal framework

- List here the relevant Acts of Parliament that form the foundation of the legal requirements for this policy or procedure.

Further guidance

- List here any Government documents that provide guidance on abiding by the relevant legal framework.

This policy was adopted by	KIDS CORNER NURSERY LTD	<i>(name of provider)</i>
On	MARCH 2018	<i>(date)</i>
Date to be reviewed	MARCH 2019	<i>(date)</i>
Signed on behalf of the provider	<hr/>	
Name of signatory	HAFSA GHASWALA	
Role of signatory (e.g. chair, director or owner)	MANAGER	